

Proposal of new subject area

Human Nutrition and Health

Warsaw University of Life
Sciences



**Health, Nutrition and
Consumer Protection is one of
the areas of interest in the
European Union**

EU Documents

WHITE PAPER ON

**A Strategy for Europe on Nutrition, Overweight and
Obesity related health issues**

Brussels, 30.5.2007

GREEN PAPER

**"Promoting healthy diets and physical activity: a European
dimension for the prevention of overweight, obesity and
chronic diseases,,**

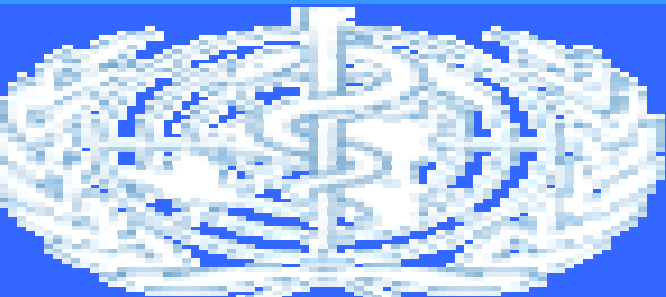
Brussels, 08.12.2005

Area of research in EU

- **Research into the role of food in promoting and sustaining health with respect to diet and nutrition, toxicology, epidemiology, environmental interaction, consumer choice and public health**

WHO Documents

- **Diet, Nutrition and the prevention of chronic diseases – Geneva 2003**
- **Marketing Food to Children: the Global Regulatory Environment – Geneva 2004**



**World Health
Organization**

Human Nutrition and Health subject area

Goal

- to provide a profound academic education programme concerning all areas of nutrition and health

Human Nutrition and Health subject area

Possible Topics

- Dietary Habits
 - Profile of dietary habits in European countries
 - Role of social, genetic and environmental factors in healthy eating
 - Role of micro- and macronutrients in health

Human Nutrition and Health subject area

Possible Topics

- Trends in Human Nutrition
 - Dietary patterns
 - Fad (popular) diets

Human Nutrition and Health subject area

Possible Topics

- Normal Nutrition
 - Nutrition of healthy people
 - Diet before and during pregnancy
 - Nutrition of infants
 - Nutrition of children
 - Nutrition of elderly people

Human Nutrition and Health subject area

Possible Topics

- Preventive nutrition and diet therapy
 - Nutrition and prevention of diseases
 - Diet in the treatment of various diseases
 - Diet and cancer

Human Nutrition and Health subject area

Possible Topics

- Legislative aspects of nutrition
- Sociology of nutrition
- Nutrition and health promotion in European Union and other countries
- Nutrition in Health Service Institution of European countries

Human Nutrition and Health subject area

Possible Topics

- Nutrition and fitness
- Ecological aspects of food and nutrition
- Functional food and health
- Food quality and health

The partner universities that have already declared participation

- **Warsaw University of Life Sciences
(SGGW)**
- **University of Hohenheim (UHOH)**

**We would like to invite other universities of
ELLS to participate in the creation of
subject area „Human Nutrition and
Health”**

Thank You



SGGW
Warszawa